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No.6-9(131)/2015-Misc-E-III

Dated: 17.06.2021

From: Joint Secretary (Admn.)

To: The Directors/Heads of all CSIR National Labs/Instt./Hqrs/Units


Subject: Observance of 7th "International Day of Yoga (IDY) on 21st June, 2021

Sir/Madam

In continuation of this office letter number 5-1(17)/2008-PD dated 17.03.2021, It is further notified that that depending on the local circumstances, officials/employees may be encouraged to participate in IDY 2021 from their homes or in small gatherings, contingent on the COVID-19 related Government guidelines on the management of the pandemic – especially physical distancing norms and the use of basic protective measures such as masks and sanitizers etc.as suggested by Ministry of Ayush.

In addition, all the officials/employees of CSIR are requested to visit the site of MyGov.in for taking Yoga pledge on the Link given below :

(Integrate and Encourage Yoga through life)
<https://pledge.mygov.in/integrate-yoga-lifestyle/>


(B. K. Singh)
Sr. Deputy Secretary
& Nodal Officer

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2. Office of JS(A), CSIR Hqrs
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